Arlene's September 2026 K-8 Lunch Menu

	1 **Hamburger Patty on WG Bun** Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Tater Tots (12 = 3/4c) 24 Watermelon (1/2c) 6 Choc/White Milk (1c) 19/13	2 **Teriyaki Chicken w Rice** Popcorn Chicken (4oz = 2m) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	3 **Baked Pasta & Meat Sauce** Cavatappi Pasta (1/4g) 30 Marinara (1/4r) 6 Turkey Crumbles (1m) 0 Mozzarella Cheese (1m) 0 WG Roll (1wg)16;Carrots (1/2c) 0 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13	4 **Turkey Pepperoni Pizza** Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Bear Cracker (1wg) 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13
7 	8 **'KFC' Popcorn Chicken Bowl** Popcorn Chicken (10 = 2m) 19 Mashed Potatoes (1/2c) 16 Corn (1/4c) 7 Beef Gravy 4 WG Roll (1wg) 16 Peach (1/2c) 15 Choc/White Milk (1c) 19/13	9 **Pancakes & Sausage** Turkey-Sausage Links (2 = 2m) 1 Eggo Pancakes (2 = 2g) 30 Syrup Cup 29 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	10 **Chicken Pasta Alfredo** Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Broccoli (3/4c) 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	11 EARLY DISMISSAL **Bosco Sticks** Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Mango Veg Juice (1/2c) 14 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13
14 **Beef Hot Dog & Tater Tots** Beef Hot Dog (2m) 12 WG Bun (1.5wg) 21 Tater Tots (12 = 3/4c) 24 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	15 **Burrito Bowl** Turkey Crumbles (1m) 0 Rice (1/4c = 0.5oz) 29 Black Beans (1/2c) 45 Cheddar Cheese (0.5m) 0 Salsa Cup (1/4c) 0 WG Nacho Chips (1wg) 19 Apple (1/2c)10C/W Mlk (1c)19/13	16 **Orange Chicken w Rice** Popcorn Chicken (4oz = 2m) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	17 **Spaghetti & Meatballs** Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Cantaloupe (1/2c) 8 Choc/White Milk (1c) 19/13	18 **Turkey Pepperoni Pizza** Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Graham Crackers (0.5wg) 11 Banana (1/2c) 18 Choc/White Milk (1c) 19/13
21 **Chicken Taquito** Chicken Taquito (1=2m,2wg) 24 Baked Beans (3/4c) 45 Graham Crackers (0.5wg) 11 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13	22 **Chicken Patty on WG Bun** WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Watermelon (1/2c) 21 Choc/White Milk (1c) 19/13	23 **Boneless Wings** Boneless Chicken (4oz = 2m) 19 BBQ Sauce (2 tbsp) 18 Bear Cracker (1wg) 21 Broccoli (3/4c) 5 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	24 **Baked Pasta & Meat Sauce** Cavatappi Pasta (1/4g) 30 Marinara (1/4r) 6 Turkey Crumbles (1m) 0 Mozzarella Cheese (1m) 0 WG Roll (1wg)16 Sliced Cucumbers (1/2c) 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	25 EARLY DISMISSAL **Bosco Sticks** Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Cherry Veg Juice (1/2c) 13 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13
28 **Chicken Tenders** WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	29 **Hamburger Patty on WG Bun** Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Tater Tots (12 = 3/4c) 24 Watermelon (1/2c) 6 Choc/White Milk (1c) 19/13	30 **Teriyaki Chicken w Rice** Popcorn Chicken (4oz = 2m) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	*Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily.*	*Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day. Salads are served with daily vegetable and fruit.*

MENU SUBJECT TO CHANGE
MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER